

Dear Hastings College Students,

We know it's important to you to remain as actively involved in your college experience as possible. We believe that by working together, we'll create a campus community that will allow everyone to attend classes, participate in activities and athletics, engage in meaningful work, and have a fulfilling social life while limiting the risk of exposure to COVID-19.

COMMUNITY HEALTH

Hastings College is a conscious community that takes seriously both personal responsibility and the care of others. During the 2020-21 academic year, we will continue to monitor research, all CDC recommendations and all directed health measures. Based on the information available, the following are practices in place for the fall semester. We are asking each person to do their part to maintain the healthiest community possible. Please review the information provided.

Data shows that factors impacting the spread of COVID-19 and other illnesses are:

- **Distance** (between people)
- **Time** (spent in proximity to others)
- **Barriers** (face masks and shields, etc.)
- **Hygiene** (handwashing, sanitizing hard surfaces)

Therefore, all members of the Hastings College community are asked to follow practices that sustain a **limited-risk environment**. Guidelines for classroom practices will be provided as classes begin and we will follow similar requirements throughout campus.

INDIVIDUAL RESPONSIBILITIES

Required individual responsibilities **in shared housing and in campus buildings** include:

1. **Monitor health** to determine participation in class and within the broader community.
2. **Maintain 6 foot physical distance** when possible. Common spaces have been arranged to meet this guideline.
3. **Wear a mask or face shield** when indoors and in common/shared spaces.
4. **Spray and wipe down hard surfaces** (e.g. tv remotes, countertops, pool sticks, recreational equipment, kitchen appliances/supplies) you've used in the community space with the cleaning supplies provided.

BEFORE RETURNING TO CAMPUS

Please make an effort to reduce your exposure to others where possible. We recommend you avoid environments that may have a high likelihood of community spread or areas that are considered "hot spots." Wear a mask when you are outside of your home.

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We ask that you engage in **active self-monitoring**:

- Take your temperature each day using the thermometer you'll bring to campus with you so you know what your regular, healthy temperature range is on that thermometer.
- Monitor for symptoms.
 - Fever or chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea

If you have a temperature or other COVID-19 symptoms prior to move-in, contact Dr. Lisa Smith at housing@hastings.edu to arrange an alternative move-in date and plan.

TESTING

Upon return to campus, testing will be made available through public health, at no cost to you, should you show related symptoms. All students will have the support of Stone Health Center staff to help make appropriate decisions regarding symptoms and testing. The housing staff will also work with you on an individual basis to provide the support you need.

MOVE-IN PROCEDURES

All **returning** students living in campus housing will need to sign up for a two-hour move-in block. Sign-up links will be emailed to residents the week of July 13 (this week), so please pay close attention to email. During these two hour move-in windows, you are allowed to have no more than three helpers assist you. We'll send additional move-in information as we approach August.

- **All involved with move-in are required to wear masks.**
- Check-in tables will be outside your building/complex.
- Depending on the building you live in, you may have traffic flow directions.
- We will strictly follow the move-in schedule. Plan accordingly.

MOVE-IN DATES

August 8 & 9	RA's & ARA's
August 11	Welcome Home Committee
August 12	CORE100 Facilitators/Fall Sports Upper Class/PHIVE-O
August 13	Fall Sports Rookies/Forensic/Band/Cross Country
August 14	Honors/Incoming Scott's Scholars/Cheer & Dance
August 15-16	First Year Students
August 16-17	Returning Students

Limited to you and 3 people for move-in

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PREPARING TO RETURN TO CAMPUS LIVING

There are additional health-related items you need to bring this year. These items include:

- **Masks** – All Hastings College students will be provided one cloth mask, but consider having enough for laundering and daily use (one mask per day);
- **Thermometer** that you are familiar with (and extra batteries);
- **Over-the-counter COVID-19 relief items** such as:
 - Acetaminophen and ibuprofen (allowing you to rotate between the two if appropriate), cough drops or other symptom-relieving medications;
- **Facial tissue and hand sanitizer** for personal use;
- **Anti-bacterial/viral cleaning supplies** for your personal use; cleaning supplies will be provided in public spaces, residential halls and in classrooms across campus;
- **Personal supplies for academic work** such as highlighters, dry-erase markers and other items you might use in a classroom or study session;
- **Outdoor items** such as insect repellent, sunscreen, a camp chair and an outdoor blanket. These will be useful as you physically distance yourself from others and participate in activities.

ADDITIONAL CONSIDERATIONS:

- Residents are **required to wear masks when in public areas of all campus housing**. These areas include bathrooms, lounges, kitchens, laundry rooms and hallways.
- **Building access will be limited to only students assigned to live in that space and, during this time, students may not have overnight visitors in their room.**
- You are encouraged to socialize outdoors while practicing physical distancing.
- The less you go back and forth between your hometown (or other off-campus locations) and Hastings College, the less you risk inadvertently carrying the virus between communities. Please plan accordingly.

QUARANTINE/ISOLATION PLAN

There's no way we can completely remove the risk of exposure to COVID-19. Plan ahead as to what you will do in the event that you are required to quarantine or isolate.

- **Quarantine:** a separation from others if a person is not showing symptoms but has been exposed, or believes they may have been exposed to coronavirus.
- **Isolation:** a separation from others when one has symptoms and is waiting for test results **or** has tested positive.

Hastings College asks that students quarantine/isolate in a predetermined off-campus location, whether that is at a family home or somewhere else where you can get the support you need while being separated from others (*with your own bedroom and preferably your own restroom*).

However, we know for some students this is unfeasible due to their distance from home, people in the home who are immunocompromised or lack of adequate space in a home to separate from others. Hastings College will have limited spaces available for isolation and quarantine for those who are not able to leave campus. However, having an off campus plan is highly recommended.

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Please continue to check your email on a weekly basis throughout summer for further updates about COVID-19 guidelines. If you have any specific questions about this information or other concerns, please review our [COVID-19 FAQ online](#) or contact any of the individuals below.

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